

# Balanced Anaesthesia in Sheep: A Review

Review Article

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## Summary

The objectives of this review were to review all scientific data regarding anaesthetic drugs and anaesthetic protocols used for pre-medication, sedation, induction and maintenance of anaesthesia in sheep. Sheep are classically considered farm animals and are often intended for the production of food, these species are used extensively in research and teaching and they are increasingly important as companion animals. Recent articles were included in the review with the most common drugs used for sedation and analgesics in Sheep were xylazine, dexmedetomidine, romifidine, detomidine, medetomidine, Fentanyl, morphine and butorphanol. For induction and maintenance of anaesthesia, the following drugs were used most commonly: propofol, Ketamine, Alfaxalone and isoflurane. The drug used for tranquilization is acepromazine. The effective doses and reported side effects were discussed. In conclusion this review provides the safety and efficacy of anaesthesia and their drug combinations used for premedication, sedation, induction and maintenance of anaesthesia in sheep.

**Keywords:** Sheep; Analgesic; Tranquilization; Induction; Sedation; Maintenance

## Introduction

In sheep various sedatives, tranquilizing agents, pain killers and muscle relaxants are also used while animals undergo surgery. For these purposes, the commonest drugs used are ketamine, diazepam, xylazine and atropine sulphate [1]. The anesthetic and analgesic drugs and techniques should be used to ensure minimal stress and discomfort during the perioperative period [2].

In small ruminants, the commonly used sedatives before induction of general anaesthesia include:  $\alpha$ 2-adrenoceptor agonists such as xylazine; phenothiazine such as acepromazine; benzodiazepines such as diazepam and midazolam; and opioids such as butorphanol (Riebold, 2007). Administration of sedatives as premedication prior to general anaesthesia is a widely accepted concept in veterinary practice [3]. Basal or balanced anaesthesia was developed by the combination of various preanaesthetics play an important role in the intra-operative as well as postoperative surgical pain and prepares surgical patient for total anaesthesia unconsciousness, analgesia and muscle relaxation [4].

## Overview of Anaesthetics Drugs used in Sheep

### Phenothiazine Derivative

Acepromazine: In sheep there is sparse data on the sedative effects

of a combination of acepromazine with various opioids although it is reported that sedation following the administration of acepromazine alone is similar to that created when acepromazine is administered with morphine, methadone or tramadol [5]. Acepromazine used as a preanesthetic, at a relative high IV dose of 0.5 mg/kg in sheep, prevented the occurrence of epinephrine-induced dysrhythmias from cardiac sensitization in halothane-anesthetized and conscious sheep [6]. Acepromazine reduces the dosage of Ketamine needed for a given period of analgesia, and increases the degree and duration of muscle relaxation, and prevents reflex movements of the limbs in sheep [7]. Acepromazine prolongs standing and full recovery times, in sheep [8].

### Sedation

Xylazine: In sheep severe hypoxaemia is seen following IV administration of xylazine at both sedative and non-sedative doses [9]. Xylazine has a wide acceptance because of good tolerance and the optional IM or IV administration in sheep (Ndeereh, Mbithi, and Kihurani, 2001) Hypotension following the administration of xylazine to sheep has been reported [10]. Variation in the analgesic effects of xylazine has been noted in different breeds of sheep, for example, analgesia after xylazine was less in Welsh mountain sheep than in Clun sheep [11]. In sheep, it has a short elimination half-life and is rapidly cleared from plasma after IM and IV administration [12].



**Medetomidine (Domitor):** In sheep, medetomidine is rapidly distributed after IM and IV injection, with an elimination half-life of approximately 30 minutes; its total body clearance is dose-dependent [13]. After the administration of 40µg/kg-1 of IV medetomidine, adult sheep lay in sternal recumbency within 7 minutes of injection [14]. Medetomidine, 0.03 mg/kg, administered IM induced a significant decrease in PaO<sub>2</sub> but hypoxaemia in only one out of nine sheep [13]. Medetomidine (6 µg/kg) produced light to medium sedation in sheep which may be useful for physical and radiologic examination, biopsy, and for pre-anaesthetic medication [15]. Medetomidine like other α-2 agonists has been reported to induce a variable degree of hypoxaemia and pulmonary edema in sheep after IV bolus administration [16].

**Detomidine:** In sheep detomidine administered intrathecally at 10µg/kg-1 significantly reduced nociception, evaluated by electrical threshold testing, after a mean onset time of 49minutes and a mean duration of 59minutes [17]. Detomidine also decreases the partial oxygen tension due to its effect on the rate and depth of respiration in sheep [18]. Detomidine with 40µg/kg decreases RR, HR and RT, when used in sheep [19]. In sheep it was observed that Detomidine had accelerated the respiratory rate in the first 15 min. Similarly it was reported that glucose increased in sheep with Detomidine at 30µg/kg, 60µg/kg and 90µg/kg dose rates [19].

**Dexmedetomidine:** In sheep, Kastner et al. [20], found a significant decrease of PaO<sub>2</sub> after premedication with dexmedetomidine. Dexmedetomidine has been used in sheep as premedication prior to general anesthesia [21]. Arterial hypoxemia and pulmonary edema have been reported in certain breeds of sheep following the administration of all α-2 agonists, including dexmedetomidine [16]. Congestion and redistribution of blood flow have been suggested as the cause of impaired oxygenation following the administration of dexmedetomidine to healthy anesthetized sheep. The hypoxemia is made worse by alveolar edema as a result of hydrostatic stress [22]. Dexmedetomidine has been compared with medetomidine in sheep, and has similar cardiopulmonary and sedative effects [3], but the effects of combinations of dexmedetomidine and opioids have not yet been described. Bradycardia has been reported following dexmedetomidine administration in sheep [23]. Dexmedetomidine administered IM to conscious sheep did not significantly affect blood pressure (Kastner et al., 2001a). Hypoxemia is often observed in sheep after administration of dexmedetomidine, even with low doses, although there may be variation among individuals [22].

**Romifidine:** In sheep Romifidine is a selective alpha-2 adrenoceptor agonist drug, that is commonly administered systemically or spinally to bring about sedation and analgesia [24].

### Benzodiazepams

**Midazolam:** In sheep, midazolam in particular provides mediation of anti-nociception at the level of the spinal cord [25]. Midazolam, 0.2 mg/kg IV significantly decreased the response of sheep to a mechanical painful stimulus for 20 minutes (Kyles et al., 1995).

**Diazepam:** Diazepam (0.4 mg/kg, IV) in sheep and midazolam (0.4 mg/kg) in goats lowered PaO<sub>2</sub> and did not affect PaCO<sub>2</sub> after IV administration; however, the degree of hypoxemia is of a lesser magnitude and duration (less than 15 minutes) than with α-2 agonists (Stegmann, 1998). The actions of benzodiazepines on GABA/benzodiazepine receptors play a role in antinociception as demonstrated in midazolam-treated sheep undergoing mechanical and thermal stimulation (Kyles et al., 1995). At dose rate of 0.2 mg/kg intravenously injected Diazepam can be used to produce mild sedation for transdermal tracheal wash (Hall et al., 2001).

### Opioids

**Fentanyl:** However, Fentanyl patches, 2µg/kg/h, applied to the forelimb between carpus and elbow or elbow and shoulder have been used

as part of anaesthetic protocols in sheep with apparent beneficial effect (Raske et al., 2010). Waterman et al. [26] described a clinically useful period of analgesia in sheep receiving fentanyl bolus. Abnormal behavioral signs and restlessness were observed during recovery of anaesthesia after fentanyl administration in goats [27] and sheep [26]. The use of fentanyl CRI during inhalation anaesthesia in sheep has only been described in cardiac surgery (Levionnois and Kronen, 2008). Fentanyl (10 µg kg<sup>-1</sup> IV) has been shown to be effective against thermal and mechanical stimuli in a nociceptive model in sheep with duration of analgesia of 60 minutes [26] and, applied as a patch, to provide good postoperative pain relief following orthopaedic surgery [28].

**Butorphanol:** In sheep Synergistic action of butorphanol and dexmedetomidine showed excellent muscle relaxation after anaesthetic induction with propofol [23]. Butorphanol (0.5 mg kg<sup>-1</sup> IV administered alone to conscious sheep did not affect HR [29]. Butorphanol (0.2 mg kg<sup>-1</sup> IV) had no effect on blood gases in healthy sheep, but fentanyl induced a short duration of respiratory depression. In sheep, butorphanol (0.1–0.2 mg/kg, IV) caused behavioral changes [26]. These effects are less likely to occur if the drug is given SC, as a higher dose of butorphanol (0.5 mg/kg) induced sedation and analgesia when administered subcutaneously [29].

**Morphine:** The behavior of sheep after IV morphine includes an increase of locomotor activity, vocalization and escape behavior [30]. Morphine administered for premedication would have provided an analgesic and sedative effect with duration close to that of the surgical procedure performed in the sheep (Riebold, 2007).

### Induction Anaesthesia

**Propofol:** In sheep propofol produces dose-dependent respiratory and cardiovascular depression [31]. Propofol, a short-acting hypnotic agent, is usually injected as a single bolus for anaesthetic induction to allow intubation and initiation of inhalant anaesthesia [32]. Propofol has been investigated as intravenous anaesthetic in sheep (Lin et al., 1997). Combination of propofol with ketamine 'ketofol' is an alternative technique for TIVA that has been reported in sheep (Correia et al., 1996). Propofol has been used for maintenance of anesthesia using a continuous infusion in several species, including in sheep [33].

**Ketamine:** In an investigation of sheep undergoing experimental stifle surgery, infusions of ketamine, 0.6 mg/kg/h, and lidocaine, 1.2 mg/kg/h, significantly decreased the isoflurane requirement by approximately 23% when compared with animals not receiving infusions (Raske et al., 2010). It has been used successfully as a general anaesthetic agent in a variety of domestic animals, including cats, dogs, horses, and sheep (Thurman et al., 1975). Ketamine has been proved an acceptable anaesthesia for sheep and goats, and can be used on its own, but muscle tone and trembling makes the effect unpleasant, although the analgesia appears to be good [34]. An increase in heart rates reported to be less among sheep anaesthetised by atropine-acepromazine-ketamine than among sheep anaesthetised by ketamine alone or in a combination with atropine, because acepromazine blocks the pressor response to epinephrine (Thurman et al., 1975). A pattern of apnea has been described after ketamine, atropine-ketamine, and atropine acepromazine- ketamine injections in sheep. Apnea can be prevented by injecting the drug slowly over a period of 45 to 60 s (Thurman et al., 1973). Ketamine has been proved an acceptable anaesthesia for sheep and goats, and can be used on its own, but muscle tone and trembling makes the effect unpleasant, although the analgesia appears to be good [35].

**Alfaxalone:** In sheep Alfaxalone has recently been used as an induction agent [36]. Alfaxalone has been reported to be a suitable anaesthetic-induction agent at a dose of 2.00 mg/kg in unsedated sheep [37]. The decrease in pH was not clinically important since it remained within a clinically acceptable range for sheep (7.48–7.58) during the



entire study period. Furthermore, although the PaO<sub>2</sub> decreased minimally after Alfaxan administration it also remained within the range considered normal for sheep (72–90 mm Hg) (Lin and Pugh, 2002).

### Maintenance Anaesthesia

**Isoflurane:** In sheep isoflurane is a commonly used inhalant anaesthetic agent that produces a dose-dependent cardiovascular and respiratory. The MAC of isoflurane in sheep has been reported to be  $1.53 \pm 0.12$  vol% [36]. Inhalation anaesthesia using isoflurane in sheep produces a dose-dependent cardiovascular and respiratory depression [37,38] that could be limited by its combination with other drugs such as anaesthetics or analgesics. Published MAC values for isoflurane in adult non-pregnant sheep are  $1.42 \pm 0.19\%$  [39] and goats  $1.29 \pm 0.11\%$  and  $1.32\%$  (range, 1.29–1.36%) [40]. Anaesthetic requirements for inhalants are decreased by pregnancy, and a 21% reduction in isoflurane to  $1.02 \pm 0.12\%$  was measured in pregnant sheep. The cardiopulmonary effects of isoflurane, sevoflurane, and desflurane have been investigated in sheep and goats [39]. Different results have been reported in sheep in which there was a decrease in RBC during isoflurane. This decrease in the RBC count of sheep has been attributed to sequestration of RBCs in the spleen or by the shifts in body fluids [37,40–53].

### Conclusion

In conclusion this review provides the safety and efficacy of anaesthesia and their drug combinations used for premedication, sedation, induction and maintenance of anaesthesia in sheep.

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